

FRIDAY	
<b>BREAKFAST – 4 people</b>	
Basics Wheat Biscuits & Cornflakes (1 Biscuit + handful of Cornflakes each)	£ 0.25
Aldi Milk (1/3 <sup>rd</sup> 4pt bottle)	£ 0.33
Aldi Peaches (1 tin)	£ 0.29
<b>LUNCH – Sausages, Potatoes &amp; Beans – 3 people</b>	
Sainsbury's Chipolata Sausages (reduced price) (1 pack)	£0.60
Salad Potatoes (1/3 pack)	£0.23
Basics Baked Beans (1 tin)	£0.25
<b>EVENING MEAL – 4 people</b>	
Aldi Bread (1/3 loaf)	£ 0.17
Sainsbury's Ham (1 pack)	£ 0.50
Tesco Sunflower Spread (15g of 500g pack)	£ 0.01
Basics Pineapple (1 tin)	£ 0.32
Basics Chocolate Mousse (2 pots)	£ 0.10
Basics Fromage Frais (2 pots)	£ 0.14
Aldi Peaches (1 tin)	£ 0.29
Aldi Digestives (5 biscuits)	£ 0.05
Haribo Starmix (3 packs)	£ 0.30
Morrison's Savers Coffee (1 cup)	£ 0.07
Hi Juice Ribena (3 cups)	£ 0.30
	£ 3.92

NB An amount has been taken away from the original £20 for the cost of Dominic having school dinners.